

7TH GRADE COHORT

SEMESTER 1, WEEK 1 (7.1.1)

EAT

(10M) EAT CHICK-FIL-A AND CHECK-IN AND ICE BREAKING QUESTION.

Would you rather eat a cup of worms or sleep next to a dirty diaper? Why?

MIXER GAME

(10M) NINJA TAG (PLAY TWICE)

REAL TALK

(10M) SOCIAL EMOTIONAL TOPIC PRESENTATION.
CONSIDER PLAYING A MOVIE CLIP OF SOMEONE ANGRY.

Anger – what makes me mad? What’s happening beneath the surface? Anger is stirred by something unfair (unjust).

REAL DISCUSSION

(20M)

What are helpful and harmful ways to deal with anger?

How do you deal with anger?

What’s the worst thing you’ve done when you were angry?

REAL LIFE

(10M)

Observe anger in the shows or videos you watch.

Pay attention to something that might annoy, bother, or upset you in the next two weeks. Consider the following questions:

What was unfair, how did they try to make it right? Did it work?

FORWARD MENTORING SESSION

(70M)